

**Montessori
Sports** 

**MONTESSORI
SPORTS
FUNDAMENTALS**



Accredited by Association Montessori Internationale (AMI)



Course description

This self-paced course will help you to acquire the basic knowledge on how to integrate sports into Montessori environments across all planes of development.

The course contains:

- 57 videos
- 5 questionnaires
- 3 observation assignments
- 6 self-practice assignments
- 1 final assignment

Duration

You have 3 months to finish this self-study course.

Workload

The total workload of this course is 40 hours. The course is pre-recorded, so you can do this course at your own pace and in your own time within 3 months.

Course topics

1. Introduction
 - I. Welcome to the course
 - II. A message from Lynne Lawrence (CEO of AMI)
 - III. Outline and objectives
 - IV. About Ruben Jongkind
 - V. About Patrick Oudejans
 - VI. About Heidi Philippart
2. Montessori and Sports
 - I. Who was Maria Montessori?
 - II. The Montessori educational philosophy
 - III. Montessori versus traditional education
 - IV. The history of sports
 - V. About movement and sports
 - VI. Analysis of sports in Montessori
3. The importance of sports in contemporary society
 - I. Sports as a point of interest
 - II. Benefits of sports
 - III. Why do sports in Montessori?
4. Systems of sports education
 - I. Traditional sports education
 - II. Montessori sports education
5. Movement development
 - I. The approach to movement
 - i. First plane (0-6)
 - ii. Second plane (6-12)
 - iii. Third plane (12-18)
 - iv. Fourth plane (18-24)
 - II. The four planes and sports
 - III. The Montessori Sports Curriculum
6. Preparing the sports environment
 - I. Principles of the prepared sports environment

	<ul style="list-style-type: none"> II. Prepared sports materials <ul style="list-style-type: none"> 7. The Role of the adult in the sports environment <ul style="list-style-type: none"> I. The prepared adult II. Observation III. Historical facts of observation IV. Observation in sports V. Lesson planning 8. Examples of different learning environments in sports 9. Conclusion and evaluation
<p>Learning outcomes</p>	<p>After you've completed this course you:</p> <ul style="list-style-type: none"> • Understand the connection between sports and Montessori education across all planes of development. • Understand how sports will contribute to overall child development across all planes of development. • Have acquired basic sports skills to present to the children. • Are able to prepare Montessori sports environments. • Are able to guide Montessori sports sessions. • Are able to conduct observations on children during the sports sessions.
<p>Assignments</p>	<p>You will receive the following assignments to complete each chapter:</p> <ul style="list-style-type: none"> • Questionnaires • Practice own sports skills (send in videos) • Observations (not every chapter) <p>You can upload all these assignments on our online course platform. A Montessori Sports team member will evaluate your assignments.</p> <p>Your final assignment is a presentation of a sport activity to a group of children or an individual child. Besides this you have to write a paper in which you explain how the Montessori theory applies to that activity.</p>
<p>Certification requirements</p>	<p>In order to obtain the Montessori Sports Fundamentals certificate all assignments will be checked and approved* by the Montessori Sports team. After the final assignments are approved, the participant will receive the certificate by email.</p> <p>*If the assignments are not approved, the participant needs to complete an alternative assignment that we will send by email.</p>